

Wadebridge Coasters Open 10 Mile Time Trial Wednesday 20th July 2022, Course S110/10

(Promoted for & on behalf of **CYCLING TIME TRIALS** under their Rules & Regulations)

Event Organiser Damian Cudmore
5 Marshall Avenue, Wadebridge PL27 6BB. Mobile: 07588 585518

Headquarters Administration Laura Mellett
Headquarters Refreshments Lisa Drew & Tara Harris

Timekeepers Dave Bolton, Damian Cudmore
Start Official James Berry
Pusher-off John Morse
Finish Assistants Jamie Witts & Lucinda Tilsley

Marshals & event support Members of Wadebridge Coasters, Family & Friends. To many to name.



Results & Prizes				
Overall	1st	Gabe Dellar	Southampton University	21:47 CR
	2nd	Nigel Polkinghorne	Duchy Velo	22:05
	3rd	Gavin MacDougall	Royal Navy & Royal Marines	22:14
Fastest Female	1st	Grace Reynolds	Southampton University	24:51
	2nd	Rose Willis	St Austell Wheelers	26:32
	3rd	Rebecca Cornwell	North Devon Velo	26:36
Fastest Espoir	1st	Drew Clark	Duchy Velo	24:09
Fastest Juvenile	1st	Jed Claxton (14)	Wheal Velocity	23:38
	2nd	Luke Matthews (13)	Wheal Velocity	24:35
	3rd	Oliver Riches (13)	Duchy Velo	27:53
Veterans Male	1st Vet A (40-49)	Craig Harper	Holsworthy Peloton	22:22
	1st Vet B (50-59)	Gavin MacDougall	Royal Navy & Royal Marines	22:22
	1st Vet C (60+)	Graham Lobb	www.giant-helston.co.uk	24:33
Veterans Female	1st Vet A (40-49)	Rose Willis	St Austell Wheelers	26:32
	1st Vet B (50-59)	Sarah Myford	Wadebridge Coasters	28:59
	1st Vet C (60+)	Lindsay Philp	Wadebridge Coasters	29:10
1st Road Bike Male	David Crawford		Pure Endurance	23:53
1st Road Bike Female	Lindsay Philp		Wadebridge Coasters	29:10
Fastest Team	Duchy Velo - Nigel Polkinghorne (22:05), Tom Smith (22:48), Chris Dominey (22:56)			67:09 Boxed Medals

Thanks to everyone who attended Wadebridge Coasters third open time trial event. Our last one was back in 2019 with the CR broken by Sam Perry, Manchester Wheelers recording a time of 21:48 which has now been bettered by 1 second by Gabe Dellar of Southampton University Road Cycling Club. Grace Reynolds also from Southampton University Road Cycling Club also produced a CR for a female.

Well done to the 52 riders who took to the start line in reasonably good conditions but a strong wind at times. Thanks to the 7 riders who sent their apologies. A massive thank you to all of the Timekeepers, Race Marshalls and event support crew. You all did a fantastic job assisting the riders and cheering them on. I was also very impressed with 'PARTY CORNER'. Thanks to Mike for putting all the race signage out. Thanks to our event photographers out on the course, capturing the riders brilliantly. Thanks to Laura and the Headquarters team who handled the administration of the event. Making sure riders were assisted with numbers and sign on. All riders were given a medal when they signed back in, thanks to Gary at The Shoe Boy for producing all these medals. And to Tara & Lisa who had the very important job of keeping the riders & event team fed and watered, thank you ladies. Thank you to Sally & Nigel of St Eval Community Centre & The Dragon Pub for providing us with excellent HQ and Parking. Also to Andy at Kernow Chocolate for the use of their car park for over flow as well. Thanks to all the Wadebridge Coasters who helped put this event together and gave up their time to help make it a great success.

Finally I want to say a massive thank you to our event sponsor Nick Keat of MAGICSHINE for generously donating lights for prizes. He also got on his road bike and did his first ever 10 mile time trial, recording a blistering time of 22:59!!

Thanks, Damian